

## **Castle Park Dental Care** Newsletter

December 2024

As the year comes to a close, we want to take a moment to sincerely thank you for your support and trust throughout this year. It's been a pleasure caring for you and being part of your health journey.

From all of us at Castle Park Dental Care, we send our warmest seasonal wishes to you and your loved ones. May your holidays be filled with joy, peace, and good health, and may the New Year bring happiness and success. We look forward to seeing you in the coming year and

continuing to provide the care you deserve. Warm regards,

The Castle Park Dental Care Team





### JANUARY 6TH - 31ST 2025

Foin Us for our exclusive Smile Makeover Event designed to make your dream smile a reality!

- Full Case Assessment for £86.00 with Dr Ozge Maden Saving of £200.
- 50% Discount on Smile Mock-Up.
- Complimentary Hygiene Appointment when signing up for Smile Makeover treatment
- 50% Discount on OPT if needed
- Free Small Radiographs if needed
- Free Intraoral Scan
- Exclusive Goodie Bag
- Saving Up To £500

Discover the opportunity to transform your smile with a bespoke makeover! Whether you're considering veneers, crowns, or other cosmetic treatments, we're here to help you achieve the smile you've always dreamed of.







www.castleparkdental.co.uk









# Castle Park Dental Care Newsletter

October 2024

The holiday season is a time for celebration, but it's also important to maintain your oral health while enjoying the festivities.

Here are some simple tips to keep your smile bright and healthy:

- 1. Stick to Your Routine Brush your teeth twice a day with fluoride toothpaste.

  Don't forget to floss daily to remove plaque and food particles from between your teeth.
- 2. Be Mindful of Sugary Treats Limit sugary snacks and drinks, as they can increase the risk of tooth decay. If you do indulge, try to enjoy them with meals to reduce acid exposure to your teeth.
- 3. Stay Hydrated Drink plenty of water to help rinse away food particles and sugars.

  Avoid too many fizzy drinks and opt for water as a tooth-friendly alternative.
- 4. Protect Your Teeth If you're enjoying hard or sticky foods, be careful to avoid damaging your teeth or fillings. Avoid using your teeth to open bottles or crack nuts to prevent breakages.
- 5. Don't Skip Dental Appointments If you're due for a check-up or treatment, don't delay scheduling your visit.

#### **Emergency Care Over Christmas**

If you experience a dental emergency during the holidays, don't worry! At Castle Park Dental Care, we're here to support you. Simply call our practice number at 01482 770597, and our recorded message will guide you on how to contact the team or access out-of-hours care.

Wishing you a Merry Christmas and a Happy New Year from all of us at Castle Park Dental Care! Keep smiling and enjoy the festivities!



### **Holiday Opening Times**

24th December - 09:00-14:00
25th December - Closed
26th December - Closed
27th December - 09:00 - 17:00
28th December - Closed
29th December - Closed
30th December - 09:00 - 14:00
31st December - 09:00 - 14:00
1st January - Closed
2nd January - 08:15 - 18:00



At Castle Park Dental Care is a trading name of Envisage Dental UK. Envisage Dental UK is a registered company in England & Wales under registration number 09315294. Registered office Devonshire House Office 129, Wade Road, Basingstoke, England, RG24 8PE. Call us on: 01482 770597 All dentists operating from Castle Park Dental Care are self-employed with their own professional liability insurance. All clinicians, including dentists, hygienists and nurses are independently registered with, and governed by the General Dental Council (GDC).